

FORTHILL COLLEGE Week Beginning

LISBURN



16th February
 2nd March
 16th March
 30th March
 13th April
 27th April
 11th May
 25th May
 8th June

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mains</p> <p>Baked fish goujons with tartar sauce.</p>	<p>Mains</p> <p>Homemade beef bolognese</p>	<p>Mains</p> <p>Homemade chicken curry & mini naan.</p>	<p>Mains</p> <p>Slow roast pork with stuffing & rich gravy</p>	<p>Mains</p> <p>Hot dog with ketchup</p>
<p>Mains 2</p> <p>Herby tomato pasta bake</p>	<p>Mains 2</p> <p>Creamy peppered beef strips</p>	<p>Mains 2</p> <p>Chicken tikka pasta bake</p>	<p>Mains 2</p> <p>Homemade mac & cheese</p>	<p>Mains 2</p> <p>paprika chicken and bacon pasta</p>
<p>Sides</p> <p>Steamed broccoli or baked potato</p>	<p>Sides</p> <p>-Green beans & carrots, fusilli pasta and fresh kitchen salad.</p>	<p>Sides</p> <p>Garden peas and diced carrots</p> <p>Steamed rice or potato wedges</p>	<p>Sides</p> <p>Steamed veg, champ and roast potatoes.</p>	<p>Sides</p> <p>Garden peas and sweetcorn.</p> <p>Chips or baked potato</p>
<p>Pizza/filled panini</p>	<p>Pizza/filled panini</p>	<p>Pizza/filled panini</p>	<p>Pizza/ filled panini</p>	<p>Pizza/filled panini</p>

FLAVOURS OF THE WORLD



Monday
Bao Buns

Sticky Chilli Pork

with gherkin, carrot, chilli & coriander

Tuesday
Tex-Mex Grill

Beef Barbacoa Tacos

with pickled red onion, salsa, coriander & lime

Wednesday
Feast From The East

Crispy Chilli Beef & Noodles

with red onion, peppers, spring onion, coriander & lime

Thursday
Let's Wing It!

It's Wings Day

Chef's Choice

Friday
Global Street Eatz

Beef Shawarma

with tomato & cucumber salad and minted yoghurt sauce