

Talking to your Children about Tough Issues

Parenting in today's world can be stressful and challenging. Families may benefit from support and skill enhancement as their children move towards and into adolescence.

The programme provides information and offers opportunities to practice skills and discuss situations

TATI does no:-

Have all the answers

Present ONE particular type or style of parenting as the answer

Make judgements on individual families or parents.

for more info contact

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Talking About Tough Issues

Supporting Your
Child Through The
Teenage Years

*A Programme
for Parents
and Carers*

“Our job as a parent isn’t so much about trying to make sure our children don’t fall, it’s about preparing them the best we can and catching them when they do.”

The Talking to our Children about Tough Issues Team

There are so many ways parents say to their children “I care about you”; both through words and actions. Children feeling connected and valued is a powerful protective factor and says to a young person that they are important. So many parents do these things every day.

Unfortunately there is no quick fix for preventing problems for young people. We can only do our best in reducing risk factors and building protective factors in our children’s lives. Our hope is that the Talking about Tough Issues (TATI) programme will help you on the journey

The Key Messages Covered in TATI

Bonds and Connections

Rules and Discipline

Hopes and Dreams

Talking and Listening

The most important message of the whole programme is that YOU have the opportunity to be the most significant and important influence on your child and their decision making.

The programme is compiled of a maximum four, minimum of three two hour workshops.

The workshops:-

- Explore some of the risks young people face
- Look at issues together without judgement
- Increase confidence in dealing with tough issues like alcohol and drugs, sexual health and emotional wellbeing
- Increase skills and strategies to protect your child

Parent Feedback

Parents found the following helpful:-



Discussing the ways to communicate with our child and how to diffuse situations.



Raising awareness of what to look out for in our child's behaviour.



To know that my sons behaviour is typical



The chance to meet other parents.